

# TRUSTARTS EDUCATION

## Early Learning Through the Arts Training Workshops

The Pittsburgh Cultural Trust and its Western Pennsylvania Wolf Trap program offer a variety of hands-on, participatory professional development workshops throughout the year, specially designed for early childhood practitioners. Sessions in dance and movement, music, dramatic play, and visual arts are taught by professional teaching artists. Emphasis is on developmentally appropriate practice for children ages 3-5, options are available for workshops addressing infants and toddlers.

### Professional Development Workshop Details



**These workshops are available at your center for on-site training workshops.**

Cost for 3 Hour On-site Workshop:  
The workshop fee is approximately \$450 for on-site training for up to 30 participants and includes handouts. Additional fee for travel outside Allegheny County. Funding may be available.

Workshops can be adjusted for time as well as customized to specific content area.

Please contact Sarah Hamilton,  
at [hamilton@trustarts.org](mailto:hamilton@trustarts.org) or 412-456-2695,  
to schedule.

All workshops align with Pennsylvania Learning Standards for Early Childhood

*PQAS and Act 48 Credit Available*



WESTERN PENNSYLVANIA  
**WOLF TRAP**

INSTITUTE FOR  
EARLY LEARNING  
THROUGH THE ARTS

Wolf Trap Institute for Early Learning Through the Arts is a program of Wolf Trap Foundation for the Performing Arts

The Pittsburgh Cultural Trust | 803 Liberty Ave, Pittsburgh PA 15222

## Music

WPKXVLFDPYHPH  
HVHWHU DUDUHWWRWR



WPKXVLFDPYHPH  
HVHWHU DUDUHWWRWR



(DUOKLOGKRRGPXVLFHGXFWRUDUDUHWWRWR  
KOGHPRWUDWHDGHYHORSPHW/DODSSURDFKWR  
HFWKHKROHFKLOGLWKHMRIOLWHUDWXUHDE  
WKHDUWVUWLFSDWVROOHDUWRDSSOWKHEDVLFVRI  
SLWFK EHDW VLKWXHDPYHPHWRFLUFOH  
WLPHDFWLYLWLHVPSOHSURSVEOEHXVHGWRHDEH  
HHPHVLFLWXUHERRNV

KLVDFWLYHUNVKRSEORIIHUSUDFWLFDOLRUPDWLR  
KWRPNDNLDMWRGGOHUURRPVPRUHSODEKOD  
HFLWLKXGLXVLFDPYHPH  
WKURXRXXWKGDX:HROOHDUWKHEDVLFVRIXVL  
VWHDGEHDW FKDVVUKBHVLPSONPHORGLHVD  
PRYHPHWRUHLRUFHWRWKLROOGHYHORSPHWDO  
GRPDL



WPKXVLFDPYHPH  
HVHWHU DUDUHWWRWR



KLOGUHEGHWLIKFRSHWKKWKL  
HPRWLRKXKLOGUHWXUDOOHVSRWRD  
FRPPXFDWHWKURXKXVLFDFKLWLVWREHU  
)DWLROOPRGHOVWUDWHEHVXVLEVLFKDWVDE  
PRYHPHWRKHOSRXWGXHVVHROUHHPRWLR  
DGRSLWUDWHEHVXULWKLVD  
RUNKRSSDUWLFSDWVROOHDUWUDWHEHVWWDWVKH  
FDEULWRWKHLUFODVURRPVWRKHOSVWXGHV  
UHFRWKHLUHPRWLRDROHDKHDOWKOR  
HSHVVLDGRSLWKKWHP

## DPDWLFOD

WPKXVLFDPYHPH

Presenter: Meredith Hoppe



Take deep breaths. Be present. Listen and Observe. Feel your emotions. Let's play and explore together, using creative dramatics to experience the world around us in a more mindful way! In this workshop, participants will learn how to support their own teaching practices with creative approaches, mindfulness strategies, and explore connections between mindfulness and creative dramatics through interactive activities. These strategies will allow teachers and students to experience their own social and emotional landscape in safe and creative ways.

## ance ovement

DANCING OUR WAY THROUGH STEM

Presenter: Joanna Abel



Providing children opportunities to explore creative movement can spark so many natural connections to STEM concepts. During this interactive workshop, educators will participate in a variety of dance focused strategies that will deepen understanding in science, math, ingenuity, and other fundamental STEM concepts. Participants will have the opportunity to demonstrate their own creative movement techniques that can support student's STEM learning.

ANCE MOVEMENT  
Presenter: Celeta Hickman, BA



Young children learn best through active involvement. During this interactive workshop, participants will recognize movement as means of helping children physically experience emergent math and literacy concepts. Practitioners will explore the basic elements of movement and be able to design active, fun experiences that reinforce basic skills and keep children moving and learning every day.

## **JOYFUL TRANSITIONING FOR TODDLERS WITH MUSIC & MOVEMENT**



Presenter: Celeta Hickman, BA

Transitioning into a classroom for the first time can be a big challenge for young toddlers. Ease the transition and even make it joyful by using music and movement! In this workshop you'll experience a variety of soothing songs and rhythmic movements that can be incorporated into your daily practice to support children's social emotional development.

## **PROMOTING SELF-AWARENESS THROUGH DANCE**



Presenter: Taylor Couch, MA

Dance offers children a way to explore their environment, engage with peers, and express their unique selves. During this workshop you will learn dance strategies that will foster all of these experiences by promoting children's self-awareness. You will learn ways to bring these ideas into your center to create a classroom of students with strong self-control and body-awareness!

## **Visual Arts**

### **FOSTERING KIND & CREATIVE CLASSROOMS**

Presenter: Lindsay Woge, BA

Come immerse yourself in this engaging workshop focused on visual art strategies that can support students' social emotional learning. During this workshop, led by Gateway to the Arts Teaching Artist, Lindsay Woge, educators will understand that both behavior and visual art-making are ways that young learners communicate while verbal-language skills are developing. Through art-making opportunities participants will explore ways to integrate visual arts into the classroom that encourage children to identify, express, and regulate their emotions. Participants will walk away with plans of their own on how to foster a kinder, more creative classroom community.

### **PLAYFUL HANDS & CREATIVE MINDS:**

#### **Using Everyday Items as Artful Opportunities for Endless Creative Play**

Presenter: Alison Zapata, BA

In this engaging hands-on workshop, participants will create props, puppets, and simple costume elements using everyday items and low-cost supplies. Participants will demonstrate how to support dramatic play by retelling a familiar story using these playful tools. Participants will identify how to facilitate art-making experiences with young children that allow for freely chosen experimentation, creative expression and open-ended play opportunities.

### **MAKING TOYS FROM RECYCLED MATERIALS**

Presenter: Joann Kielar, MFA

Use a variety of recycle materials, (newspaper, plastic bottles, boxes, etc.) and variety of techniques to create several different projects. Emphasis will be on keeping an open-ended, playful approach and participants will invent situations in which the hand-made toys may be used safely and creatively in ways that are developmentally appropriate.

### **ESPAÑOL + ARTE = FUN**

Presenter: Veronica Lopez

Young children are quick learners and avid to explore. This workshop focuses on developing visual art strategies to engage children in a fun and playful way when introduced to a second language. Through exploration of Spanish and bilingual stories, collaboration with peers, and making connections to real life experiences, educators will be able to develop their own visual-arts strategies and activities to teach a second language to young children.

### **PUPPET POWER!**

Presenter: Joann Kielar, MFA

Discover the power of puppets to enliven your pre-K classroom and reinforce skill development. Participants will create a variety of simple puppets -- hand-puppets, finger-puppets, shadow puppets, and more -- using inexpensive materials. The instructor will model effective ways to use puppets to stimulate learning and help children use puppets appropriately as vehicles for communication and creative self-expression. Includes handouts with puppet templates.