

ONCE UPON A BOOK

This activity addresses PA Academic Standards 9.1.3.E, 9.4.3 D, CC.1.3.1.F, CC.1.5.1.B, CC.1.5.1.D, and National Core Arts Standards MU:Re8.1.Ka, MU:Pr4.3.2a

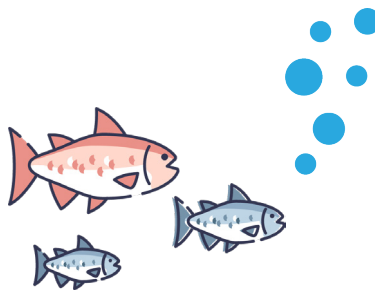
Underwater Adventure

Movement Activity

Both **music** and **art** are filled with movement! Noticing how music and art show movement can help us explore different ways to move.

Part One: How can we **see** movement in art?

- Look at the pages in *Once Upon a Book* where Alice swims in the coral reefs.
- What do you notice about each of these objects? How are they moving? What details show movement?
 - Alice
 - Coral
 - Fish
 - Seaweed



Try out the movements that you see in the book!

Can you **swim** like Alice?

Can you **drift** like bubbles?

Can you get **tangled** up?

Can you **sway** like seaweed?

Can you **dart** like a fish?

Can you **reach high** like coral?

Part Two: How can we **hear** movement in music?

Listen to “Aquarium” from *Carnival of the Animals* by Camille Saint-Saëns in the Schooltime [playlist](#).

- First, listen to the entire piece.
- Next, listen to each part for the times listed on the next page.
Notice which parts sound the same and which parts sound different.

- Parts _____ and _____ sound the same.

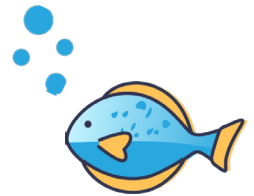
- Parts _____ and _____ sound the same.

- Two of the parts sound a little different:

- Part _____ sounds similar to parts _____ and _____.

- Part _____ sounds similar to parts _____ and _____.

- Part _____ does not sound like any other part.



Listen to each part again. Notice how the music feels in your body. Can you think of a movement that looks like what you hear?

Use the boxes on the next page to draw or write a word for each movement you make. Then, listen to the whole piece again and perform your movements for each part in time with the music.

Part 1: 0:00-0:29

Part 2: 0:29-0:40

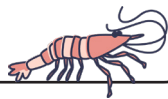


Part 3: 0:40 – 1:06

Part 4: 1:06-1:18

Part 5: 1:18-1:30

Part 6: 1:30- 1:48



Part 7: 1:48-2:03

